



FREE YOUNG ADULT & APOLOGETICS RESOURCE

10 Questions Every Christian Teen Should Be Prepared to Answer

A practical guide to help you understand what you believe, why you believe it, and how to respond with biblical confidence and grace.

Your faith does not need to be afraid of difficult questions.

You do not need to know everything, but you should know what you believe, why you believe it, where to look for answers, and how to speak about Jesus with both truth and respect.

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Questions Are Not the Enemy of Faith

Sooner or later, someone may ask you why you believe in God, whether the Bible can be trusted, why a loving God allows suffering, or why Christians believe Jesus is the only way to God. You may hear these questions from friends, classmates, teachers, social media, or even from your own mind.

Do not panic. Christianity does not require you to pretend difficult questions do not exist. Scripture repeatedly calls believers to seek truth, grow in understanding, and be prepared to explain the hope they have in Christ.

“Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.”

- 1 Peter 3:15 (NIV)

Notice both parts: **be prepared** and respond with **gentleness and respect**. Christian apologetics is not about winning arguments or embarrassing people. It is about loving God with your mind, taking questions seriously, and pointing people toward truth.

How to Use This Guide

Work through one question at a time. Read the suggested Bible passages. Try answering the question in your own words before reading the response. Then discuss it with a parent, pastor, youth leader, teacher, or mature Christian. If you discover a question you cannot answer, say so honestly and keep learning.

A strong answer can begin with: *“That’s a good question. Here is why I believe what I believe...”*

QUESTION 1

Why Do You Believe God Exists?

Explore Scripture: Psalm 19:1; Romans 1:20; Acts 17:24-28

Christians believe God is not a human invention but the Creator who exists independently of the universe. The existence and order of creation, the reality of moral obligation, human reason and consciousness, and the deep questions of meaning all give us reasons to take God's existence seriously. Scripture teaches that creation itself points beyond itself to a Creator.

Belief in God is not simply filling a gap in scientific knowledge. Science can describe many processes within the universe; the deeper philosophical question is why there is a universe at all and why it is intelligible. Christian faith says reality ultimately rests in the eternal God revealed in Scripture.

Think It Through

- How would you explain your belief in God without saying only, “Because the Bible says so”?
- What features of the world make belief in a Creator reasonable to you?

Be Prepared

Practice a 60-second answer beginning, “I believe God exists because...”

QUESTION 2

Why Should Anyone Believe the Bible?

Explore Scripture: 2 Timothy 3:16-17; Luke 1:1-4; 2 Peter 1:16

The Bible is not one modern book written by one person. It is a collection of writings produced across many centuries, genres, settings, and human authors, yet it tells a unified story of creation, fall, redemption, and restoration centered ultimately in Jesus Christ.

Christians have reasons to examine the Bible historically as well as spiritually. Biblical manuscripts can be studied, people and places can be investigated, and the central claims surrounding Jesus are rooted in history. Christians ultimately receive Scripture as God's Word, but that trust is not the same as refusing to examine evidence.

Think It Through

- What would you say to someone who claims the Bible has been changed so many times that we cannot know what it originally said?
- Why does historical context matter when interpreting Scripture?

Be Prepared

Choose one Gospel and begin reading it while asking: What does this writer claim happened, and what does it reveal about Jesus?

QUESTION 3

Who Is Jesus - and Why Does It Matter?

Explore Scripture: John 1:1-14; Colossians 1:15-20; John 20:30-31

Christianity stands or falls on Jesus Christ. Christians do not merely believe Jesus was a wise teacher. Scripture presents Him as the Son of God who became human, lived without sin, died for our sins, and rose from the dead.

If Jesus is who He claimed to be, He cannot simply be placed beside other inspirational teachers. His identity demands a response. The question is not only, “Do I admire Jesus?” but “Will I trust and follow Him as Lord?”

Think It Through

- How would you answer someone who says Jesus was only a good moral teacher?
- What difference does the resurrection make to Christian faith?

Be Prepared

Write three sentences answering: Who is Jesus? What did He do? Why does that matter to me?

QUESTION 4

Why Do Christians Say Jesus Is the Only Way to God?

Explore Scripture: John 14:6; Acts 4:12; 1 Timothy 2:5-6

The Christian claim that salvation comes through Jesus can sound narrow in a pluralistic culture. But Christians do not make this claim because they believe they are better than everyone else. Christianity teaches the opposite: all people are sinners who need grace.

The issue is the identity and work of Jesus. If humanity's deepest problem is separation from a holy God because of sin, then we need reconciliation God Himself provides. Christians believe Jesus uniquely accomplished that reconciliation through His death and resurrection. The invitation of the gospel is exclusive in its source - Christ - but offered to people from every nation and background.

Think It Through

- How can you explain this belief without sounding arrogant?
- What is the difference between saying “Christians are better” and saying “Christ is the Savior”?

Be Prepared

Practice explaining John 14:6 while also making clear that salvation is a gift of grace, not an achievement Christians earn.

If God Is Good, Why Is There So Much Suffering?

Explore Scripture: Genesis 3:16-19; Romans 8:18-25; John 11:32-36; Revelation 21:3-5

Suffering is one of the hardest questions anyone can ask. Christianity does not pretend pain is insignificant. The Bible contains grief, lament, injustice, disease, persecution, and death. It teaches that the world is not now as God originally created it to be; sin has brought brokenness into human experience.

Christianity also gives suffering a future horizon. God entered our suffering in Jesus Christ, who experienced rejection, injustice, pain, and death. The resurrection declares that suffering and death will not have the final word. Christians may not know why God permits a particular tragedy, but they can know that God is not distant from suffering and promises ultimate restoration.

Think It Through

- Why is “I don’t know why this happened” sometimes a better answer than offering a quick explanation?
- How does the cross change the Christian response to suffering?

Be Prepared

Read Psalm 13. Notice how the writer expresses pain honestly while continuing to turn toward God.

Has Science Disproved Christianity?

Explore Scripture: Genesis 1:1; Psalm 111:2; Romans 1:20

Science investigates the natural world through observation, measurement, and testing. Christianity makes claims about God, creation, humanity, history, morality, and salvation. The two can ask different kinds of questions, even though areas of discussion and disagreement sometimes overlap.

Christians should not fear scientific discovery. If God created reality, learning truth about creation does not threaten Him. Christians may disagree among themselves about how some scientific findings relate to interpretations of particular biblical passages, but those debates are different from proving that God does not exist or that Jesus did not rise from the dead.

Think It Through

- What can science investigate well, and what questions lie beyond the limits of scientific measurement?
- Why should Christians avoid treating every scientific question as an attack on faith?

Be Prepared

When you encounter a “science disproves Christianity” claim online, identify the exact claim before responding. Ask what the evidence actually establishes.

Is Truth Just Whatever Is True for You?

Explore Scripture: John 18:37-38; John 17:17; Isaiah 5:20

People sometimes say, “That’s your truth; this is my truth.” Personal experiences and preferences certainly differ, but contradictory claims about reality cannot both be true in the same sense. If one person says Jesus rose from the dead and another says He did not, both claims cannot describe the same historical event accurately.

Christianity teaches that truth is not created by our preferences. We should pursue truth humbly because we can misunderstand things, but humility does not require pretending truth does not exist. Jesus calls His followers to live according to what is true even when truth is unpopular.

Think It Through

- What is the difference between a preference and a truth claim?
- Why is disagreement not the same thing as hatred?
- How can you hold convictions while treating people with dignity?

Be Prepared

Identify one statement that is a preference and one that is a claim about objective reality. Explain the difference.

Why Does Christianity Have Moral Boundaries?

Explore Scripture: John 14:15; 1 Corinthians 6:19-20; Romans 12:1-2

Biblical morality can feel restrictive when culture defines freedom as doing whatever feels right. Christianity defines freedom differently. God gives moral boundaries because He is Creator, understands human flourishing better than we do, and calls His people to holiness.

Christians do not obey moral commands to earn salvation. Obedience is a response to grace and relationship with Christ. Biblical boundaries touch sexuality, honesty, money, anger, forgiveness, speech, justice, relationships, and many other parts of life. Following Jesus sometimes means saying no to desires we genuinely feel.

Think It Through

- Why is “I feel it strongly” not enough by itself to determine whether something is right?
- How are grace and obedience connected?
- Which biblical moral teaching do you find hardest to understand or explain?

Be Prepared

Choose one biblical boundary you find difficult. Study the relevant passages in context and discuss them with a mature Christian rather than relying only on social media explanations.

Aren't Christians Hypocrites?

Explore Scripture: Romans 3:23; Matthew 7:3-5; 1 John 1:8-9

Yes, Christians can be hypocritical. Some people have also experienced serious harm from individuals or institutions claiming the name of Christ. Christians should not dismiss those experiences or defend wrongdoing simply because a Christian committed it.

But Christian failure does not prove Jesus is false. Christianity itself teaches that human beings are sinful and need repentance and grace. The proper response to hypocrisy is not pretending it does not exist; it is calling Christians back to the standard and Savior they claim to follow.

Think It Through

- How should you respond when someone has been genuinely hurt by a Christian?
- What is the difference between a Christian who fails and repents and someone who deliberately pretends to be righteous?

Be Prepared

Ask God to show you where your own life fails to match what you profess. Apologetics begins with integrity as well as arguments.

Is Your Faith Actually Yours?

Explore Scripture: Joshua 24:15; Romans 10:9-10; 2 Corinthians 13:5

You can grow up in church, attend youth group, know Christian language, and still avoid the personal question of whether you truly trust Jesus Christ. Your parents' faith cannot substitute for your own response to Christ.

Christian faith is more than agreeing that God probably exists. It involves repentance, trust in Jesus, and a life of following Him. You will continue to have questions and areas where you need to grow, but the most important question is not whether you can win every argument. It is whether you know and belong to the One you are talking about.

Think It Through

- If someone asked why you personally follow Jesus, what would you say?
- Are there beliefs you have accepted only because your family believes them?
- What questions do you still need to explore honestly?

Be Prepared

Write your own answer to this sentence: "I follow Jesus because..." If you cannot answer it honestly, talk with a trusted Christian adult and keep seeking truth.

You Do Not Need Every Answer

Being prepared does not mean memorizing a clever response to every objection. No Christian knows everything. Mature faith includes the humility to say, *"I don't know yet, but I want to find out."*

Keep reading Scripture. Learn from trustworthy Christian teachers. Ask difficult questions. Examine arguments carefully. Talk with parents, pastors, youth leaders, and mature believers. Most importantly, continue growing in your relationship with Jesus Christ. The strongest Christian witness combines **truth you can explain with a life that increasingly reflects the One you proclaim.**

A Prayer for Courage and Wisdom

Father, thank You that truth does not need to fear honest questions. Give me wisdom to understand what I believe and courage to stand for it when it is unpopular. Keep me humble when I do not know an answer and willing to keep learning. Guard me from pride, fear, and the desire merely to win arguments. Help me speak about Jesus with truth, gentleness, and respect. Most of all, deepen my own relationship with Christ so that my words and my life point people toward Him. In Jesus' name, amen.

Ready to Go Deeper?

DEFENDING CHRISTIANITY

Building an Unshakable Biblical Foundation Before College

Explore the difficult questions Christians are likely to face and learn how to build a faith that is thoughtful, biblical, confident, and truly your own - with a companion workbook for deeper study and practical application.

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